

Clinical : Mental Health  
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07 November 2018

[Redacted]

Stuff/ Fairfax media

E-mail: [Redacted]

Dear [Redacted],

**Official Information Act (1982) Request**

I write in response to your Official Information Act request, dated 19 September 2018. We notified you that we required additional time to prepare the data for your questions on 17 October, and apologise for the delay. You requested the following information:

- **Data on referrals to CAMHS (Child and Adolescent Mental Health Service) between 2012 and 2018 for people aged 13 to 17, broken down by year and by gender.**
- **Data on median wait time and range of wait times for CAMHS (Child and Adolescent Mental Health Service) between 2012 and 2018 for people aged 13 to 17, broken down by year and by gender.**
- **Data how many people aged 13 to 17 referred to CAMHS (Child and Adolescent Mental Health Service) between 2012 and 2018 were accepted, how many were rejected and how many were referred on, broken down by year and gender.**
- **Data how many people aged 13 to 17 were hospitalised due to self-harm or attempted suicide between 2012 and 2018, broken down by year and by gender.**

For context, CM Health Mental Health services provide care to the population of South Auckland and Franklin (currently over 557,000 people), that is culturally diverse, and includes over 121,000 young people, (13% of the NZ youth population). We urge caution in comparing data between DHBs, as each will have a different range of DHB specialist services and also NGO support services working in this area.

**1. Data on referrals to CAMHS (Child and Adolescent Mental Health Service) between 2012 and 2018 for people aged 13 to 17, broken down by year and by gender (table 1).**

Year	Female	Male	Total
2012	899	616	1,515
2013	924	583	1,507

Year	Female	Male	Total
2014	1,045	729	1,774
2015	1,081	697	1,778
2016	969	676	1,645
2017	1,050	705	1,755
2018*	883	585	1,468

**Table 1 – \*note 2018 is from 01 Jan 2018 to 31st Oct 2018**

2. Data on median wait time and range of wait times for CAMHS (Child and Adolescent Mental Health Service) between 2012 and 2018 for people aged 13 to 17, broken down by year and by gender (Table 2).

Year	Gender	01-21 Days % Wait Time	22-56 Days % Wait Time	>57 Days % Wait Time
2012	F	23.10	23.83	10.93
	M	16.71	14.62	06.63
2013	F	20.92	29.85	11.30
	M	13.39	14.50	07.11
2014	F	17.52	31.82	04.82
	M	12.26	22.63	07.45
2015	F	15.01	37.34	08.49
	M	09.53	21.54	04.18
2016	F	31.02	09.52	03.46
	M	21.93	05.63	01.59
2017	F	32.25	07.64	02.07
	M	23.06	05.96	01.55
2018*	F	32.64	07.54	02.08
	M	20.16	06.11	01.56

**Table 2 – \*note 2018 is from 01 Jan 2018 to 31st Oct 2018**

*Derived from data collected for Quarterly MOH 'PP8' performance statistics*

3. Data how many people aged 13 to 17 referred to CAMHS (Child and Adolescent Mental Health Service) between 2012 and 2018 were accepted, how many were rejected, and how many were referred on, broken down by year and gender (Table 3).

Year	Female Accepted	Female declined	Male Accepted	Male Declined
2012	782	0	559	0
2013	791	1	512	0
2014	822	16	623	5
2015	888	0	593	0
2016	855	0	589	0

Year	Female Accepted	Female declined	Male Accepted	Male Declined
2017	901	0	590	0
2018*	795	0	503	0

**Table 3 – \*note 01 Jan 2018 to 31st Oct 2018**

*Only Accepted and Rejected breakdown available*

4. Data how many people aged 13 to 17 were hospitalised due to self-harm or attempted suicide between 2012 and 2018, broken down by year and by gender (Table 4).

Year	Female	Male	Total
2012	131	32	163
2013	148	28	176
2014	136	41	177
2015	137	51	188
2016	155	41	196
2017	159	38	197
2018*	169	43	212
<b>Total</b>	<b>1,035</b>	<b>274</b>	<b>1,309</b>

**Table 4 - \*note 01 Jan 2018 to 31st Oct 2018**

*From ICD-10 codes for Emergency Department presentations over 3 hours at Middlemore Hospital.*

Please contact us if the intended use for this information changes or is used for other purposes, and we will liaise with the Health Intelligence and Informatics Service to revise and confirm the data. We advise that information and data provided here has been specifically prepared in response to the questions asked, to be used only for its intended purpose, and is covered by the Privacy Act and CM Health policy.

I trust this information satisfactorily answers your query. If you are not satisfied with this response you are entitled to seek a review of the response by the Ombudsman under section 28(3) of the Official Information Act.

Please note that this response or an edited version of this may be published on the Counties Manukau DHB website.

Yours sincerely,



Fepulea'i Margie Apa  
**Chief Executive**